

Biography

Dr. Ruel earned her DMV from the Université de Liège (Belgium), where she also completed a rotating internship upon graduation. She then worked in fundamental research in Brussels (Belgium), before completing a residency and master's degree in Veterinary Neurology at the Université de Montréal (Canada). She is a board-certified Neurologist by the American College of Veterinary Internal Medicine (Specialty of Neurology).

Dr. Ruel was a clinician in Veterinary Neurology at the Université de Montréal for several years, before obtaining a PhD in pain management with a focus on neuropathic pain in the Steagall Laboratory (Université de Montréal, Canada).

Dr. Ruel is the founder of Neuroproxi, the only private Veterinary Neurology Service in the Quebec City area, where she practices full-time, while remaining involved in the research activities of the Steagall Laboratory.

Hélène Ruel has co-authored 15 peer-reviewed articles, mainly on the recognition and management of pain, as well as on novel analgesia techniques.

Her interests are improving chronic pain management in veterinary patients, particularly those with neurological diseases.